



## Exercise: Creating a weekly timetable

---

### Introduction

This exercise requires you to create a weekly timetable. Use the template on page 2 and plan how you will budget your time next week.

---

### Find out more

Check out the **Time management and organisation** section of the Study Hub: Online.



### Further information

The Learning Resources Study Hub provides a range of opportunities (such as workshops and drop-ins) for you to enhance your academic skills. For more information visit:

**[lrweb.beds.ac.uk/studyhub](http://lrweb.beds.ac.uk/studyhub)**



## Exercise - Complete the weekly time planner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08.00							
09.00							
10.00							
11.00							
12.00							
13.00							
14.00							
15.00							
16.00							
17.00							
18.00							

**Note:** If needed the time planner can be extended beyond 18:00 hours.

**Tip:** Do not forget to include fixed commitments (such as lectures/part-time work) which take place each week